

THE WORLD'S MOST COMMON CAUSE OF DEATH

CARDIOVASCULAR DISEASES (CVDs) GLOBAL FACTS AND FIGURES

Cardiovascular diseases (CVDs) - diseases of the heart or blood vessels, commonly referred to as heart disease or stroke

ABOUT CVDs...

The number 1 cause of death worldwide

Disease	Annual global deaths
CVDs	Over 17 million
Cancers	8.2 million
Respiratory diseases	4 million
Diabetes	1.5 million

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31% global deaths from CVDs



Over 23 million predicted deaths from CVDs by 2030



Low and middle income

countries most affected by CVD deaths



25% by 2025

World Health Organization (WHO) target to reduce premature deaths from non-communicable diseases (NCDs) – of which CVDs make up the largest proportion



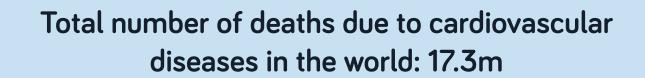
Many CVDs are preventable by addressing behavioural risk factors



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Heart disease and stroke cause **a third** of all deaths in women worldwide

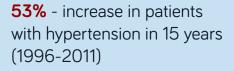
CVD DEATHS ACROSS THE WORLD





A snap-shot from different corners of the world

ARGENTINA •





15% - Indian population that smokes tobacco

33% of Mexican women are



£15 billion – the economic burden of CVDs every year

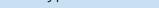


obese

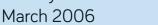


Smoke-free law – the first country in Latin America,

Over 25% of Australian men have hypertension



AUSTRALIA





4,000 – extra wide seats made for the 2014 World Cup for the increasing obese population



24 litres – pure alcohol consumed by the average Russian man each year



Since 1980 – double the number of overweight children





New sugar tax – the first in Africa, starts in April 2017



Cigarettes – about every 1 in 3 smoked in the world is in China

INCREASING PREVALENCE OF CVD RISK FACTORS



600 million to one billion

- rise in the number of people with uncontrolled hypertension from 1980 to 2008



Overweight children in the world

- 1 in 10 school-aged; 42 million under the age of five



One billion

- smokers in the world. Tobacco is a totally avoidable risk factor of CVDs



Diabetes

- increased in many European countries by more than 50% in the last ten years



Globally 23%

- of adults were insufficiently active in 2010

WHY TAKING ACTION ON CVDs NOW IS CRITICAL







Premature deaths will continue to rise

Ageing populations + urbanisation + inadequate prevention = cardiovascular epidemic

Increasing Inequalities

Low and middle-income countries are now most affected – account for 80% of CVD deaths

Economics

US \$863 billion - global cost of CVDs

To reverse CVD trends increased investment in prevention strategies is needed

#WCCMexico

www.worldcardiocongress.org