You can find more details about the barriers identified and the programmes run in each of the five countries in our case studies. We hope that this portfolio of cost-effective interventions will inspire WHF members, physical activity advocates and other civil society members to replicate the programme or some of its activities, and start their own project to promote physical activity in children and help reduce the burden of cardiovascular disease.

**CONTACTS & LINKS**

Access the case studies: [www.worldheart.org/childreninthecity](http://www.worldheart.org/childreninthecity)  
Contact us: communications@worldheart.org