INTEGRATIVE CARE IN MOZAMBIQUE

TASK SHIFTING REDUCING THE BURDEN OF HEART FAILURE

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History

- Ministry of Health has its own training institutions for basic- and mid-level health professionals to cover areas of need for NCD care; then started supporting a high-school.

- Depending on their level of training at admission they become *agentes* (2-years courses for trainees who have completed 7 school years); *tecnicos de medicina* (3-years course for trainees who already completed 10 years of school).

- Medical school curricula included acquisition of competencies in performing surgical emergency procedures.
Innovative Strategies for Transforming Internal Medicine Residency Training in Resource-Limited Settings: The Mozambique Experience

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Task-Shifting/Sharing

- Clinicians
- Nurses
- Laboratory Workers
- Pharmacists
- Radiologists
- Preventive Medicine
- Health Surveillance
- Community Workers (NPHW)
- Basic Level (I)
- Mid Level (II)
- High School (III/IV)
- Doctors (III/IV)
Agentes
- First referral (they refer to TM)
- Selection of infectious diseases, limited diagnostics and drugs
- Vaccination

Técnicos M
- Second referral (they refer to doctors)
- 2nd level of care, diagnostics and drugs following
- Additional diseases and some NCD

Técnicos S
- Specific programs: eg.
  - Maternal & Child Health Nurses – Surgery, Nutrition, Pediatric Care
  - Surgical Technicians

Doctors
- General Practitioners: eg.
  - Cesarian Section
  - Traumatology
How it Evolved?

- Challenges of geography (few referrals)
- Need for personal satisfaction (career patterns)
- MoH-driven Training Programs (challenges)
- Lack of continuing education programs
- Progress in disease trends and profiles
Integrated Care for Women with cardiovascular Disease Demonstration Site for PASCAR

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Activities
Activity 1
• Training of Health Professionals on CVD in Women
• Joint “Maternal Death” Meetings

Activity 2
• Use of Algorithms for Diagnosis & Management
• Echocardiographic Screening by Obstetricians/Nurses

Activity 3
• Integrated Cardiovascular and Reproductive Health Services
• Secondary Prophylaxis with Counselling & Family Planning

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FOCUSED POINT-OF-CARE CARDIAC ULTRASOUND (FoCUS)  
G&O Screening
Potential Directions in Mozambique

- Lessons from the CD community
- Task-Shifting in Mozambique (try crossover systems)
- Unique Opportunities for Training (MoH ownership)
- Investments in Care Provision & Research
- New Approaches to Integrated Care
Thank you for your attention!

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