425 million people worldwide have diabetes

People with diabetes are 2 to 3 times more likely to have CVD
50% are unaware of their disease
84% of people aged 65 or older with diabetes die from heart disease and stroke

These numbers are the result of a global survey to World Heart Federation & International Diabetes Federation members with responses from local, regional and national experts in CVD & Diabetes.

THE REALITY

THE SURVEY

161 PARTICIPANTS
62 COUNTRIES

61% do not have community or hospital programmes on the risk of CVD
57% do not have standardised screening
29% do not have relevant clinical guidelines or protocols for detection
71% have a waiting time of over one month to see a specialist in the public health system
25% do not have follow up treatment programmes
44% reported that patients do not have access to existing follow up treatment programmes
The Case of Mexico

Mexico is the country with the 4th HIGHEST number of people with diabetes per population.

21.8M people have diabetes
4.5M are estimated to have undiagnosed diabetes

43 responses
12 responses from Mexico City
The results highlight stark differences between Mexico City and those outside Mexico City.

In Mexico City
- 42% have standardised screening for CVD in diabetes patients
- 49% have community or hospital programmes on the risk of CVD

Outside Mexico City
- 75% have standardised screening programmes for CVD in diabetes patients
- 67% have community or hospital based programmes on the risk of CVD
- 23% have standardised screening programmes for CVD in diabetes patients
- 42% have community or hospital programmes on the risk of CVD are from outside Mexico City